

# Let's talk about it



Statistics tell us that LGBTIQ people are one of the most at risk groups in our community when it comes to mental health and suicide.

Young LGBTIQ people in rural communities faced added challenges. They may be subjected to bullying, or feel that they have to get away to the city without finishing their education.

The Loddon Healthy Minds Network have developed this poster to let young people know that there is information and supports available.

Our poster is now being displayed in many schools in our area and we invite anyone who wishes to use the poster to download it from the link below and use anywhere it can be of any effect, particularly in your schools and places frequented by youth.

<https://www.loddonhealthyminds.com.au/item/74>

**LODDON HEALTHY  
MINDS NETWORK**

<http://loddonhealthyminds.com.au>

