



LODDON HEALTHY MINDS NETWORK

Promoting and advocating for improved wellbeing and access to appropriate services for people in the Loddon Shire affected by mental health issues.

<http://loddonhealthyminds.com.au>

Loddon Healthy Minds Network – 2026 Art Competition

The Loddon Healthy Minds Network is seeking entries in the 2026 Art Competition.

The art themes challenge entrants to explore the different ways we can raise awareness of mental health issues, to maintain good mental health and wellbeing or to help to reduce the stigma associated with mental health.

Eligibility:

Entries open to residents of Loddon Shire Council or students who attend school in the Loddon region.

Sections	Grades/Years	Themes
Upper secondary	Years 9-12	<ol style="list-style-type: none"> 1. Value your mind 2. Turn off Your Tech
Middle school	Grade 5 – Year 8	<ol style="list-style-type: none"> 1. Don't judge me 2. Yesterday is History
Junior	Grades 3 - 4	<p>Love your mind, get into nature</p> <p>A4 Colouring poster provided:</p>
Junior	Grades Prep - 2	<p>Believe you can</p> <p>A4 Colouring poster provided:</p>

Artwork Section: Upper secondary Yrs. 9-12 and middle school Grades 5 to Yr 8

- Two themes to choose from
- All work is to be completed within the last 12 months and solely by the artist
- Size of artwork is to be between 1 metre square maximum and A4 minimum (needs to be transportable)
- Any medium can be used

Artwork Section: Junior Grades Prep – 2 & Grades 3 - 4

- **Grades Prep - 2:** Entries limited to the supplied A4 colouring poster provided.
- **Grade 3 & 4:** Entries limited to the supplied A4 colouring poster provided



Literary section themes will be the same as the Upper secondary themes

- Literary entries to be in essay form
- 500-1000 words related to the themes noted above
- Mental health focus – with all people de-identified
- Preference for typed entries

Entry Forms:

Will be emailed to the schools or can be downloaded from the Loddon Healthy Minds Network website Events tab.

Artwork Collection:

Signed entry forms **MUST** be ready for collection from the school at the same time the artworks are Collected or delivered to the Loddon Shire Council office no later than **Monday 6 July 2026**.

- **Please note: In order for entries to be included in the competition, the entry forms MUST be signed by the parent/guardian.**
- **Teachers can sign the entry form if the parent/guardian has given them verbal or emailed consent to do so.**

Notifications:

Schools will be notified via email of the official launch, judging results, and display venues following the judging process.

Enquiries:

If your school is interested in participating in this year's art competition, please contact Loddon Shire Council Community Wellbeing Admin Officer by phoning 5494 1230 or e-mail healthyminds@loddon.vic.gov.au

All entries will be handled with complete care, but Loddon Shire Council holds no responsibility for loss or damage to entries into the competition.

