



## LODDON HEALTHY MINDS NETWORK

Promoting and advocating for improved wellbeing and access to appropriate services for people in the Loddon Shire affected by mental health issues.

<http://loddonhealthyminds.com.au>

# Loddon Healthy Minds Network 2024 Art Competition - Open Section

## Themes 'Creating My Calm' or 'It's Okay to Take a Break'

The Loddon Healthy Minds Network is seeking entries in the 2024 Art Competition.

These art themes are challenging entrants to explore the different ways we can raise awareness of mental health issues and help to reduce the stigma associated with mental health.

### Eligibility:

- The open section of this competition is open to all Loddon Shire residents aged over 18 years, or residents under 18 who have either left school or are attending school outside of the Loddon Shire area.

### Artwork Section

- All work is to be in line with the theme and completed within the last 12 months and solely by the artist
- Size of artwork is to be 1 metre square maximum and A4 minimum (needs to be transportable)
- Any medium can be used

### Literary section

- Literary entries to be in essay form
- 500-1000 words related to the theme
- Mental health focus in line with the theme – with all people de-identified
- Preference for typed entries

### Entry Forms:

Are available from:

Loddon Healthy Minds Website: [www.loddonhealthyminds.com.au](http://www.loddonhealthyminds.com.au)

Municipal Office: Wedderburn

Or contact the Community Wellbeing Officer on (03) 5494 1230.

### Entry submission:

All artwork and literary entries are to be completed and delivered to the Loddon Shire office, Wedderburn by **Monday 5 August.**

### Notifications:

Artists will be notified of judging, prizes, official launch, display venues, and dates following close of registrations.

### Enquiries:

Community Wellbeing Officer

Telephone: (03) 5494 1230

Email: [healthyminds@loddon.vic.gov.au](mailto:healthyminds@loddon.vic.gov.au)

*All work will be handled with complete care, but Loddon Shire Council holds no responsibility for loss or damage to entries into the competition.*

